

















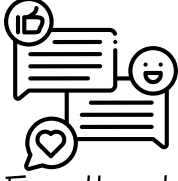





# I FEEL...

 Content	 Overwhelmed	 Frustrated
 Isolated	 Confused	 Anxious
 Insignificant	 Apathetic	 Energetic
 Animosity	 Exhausted	 Eager

# I NEED...

 Nothing	 A Break	 Help
 A Walk	 Support	 A Snack
 Pause Space	 One on One	 Feedback
 Appreciation	 Space	 Connection